

Pasta Primavera II

Makes: 4 Servings

Ingredients

3 cups uncooked rotini (corkscrew pasta)

- 1 10-ounce packages frozen mixed vegetables
- 1 jar spaghetti sauce, low-sodium (26 ounces)
- 4 tablespoons grated Parmesan cheese

Directions

- 1. Prepare pasta according to package directions. Add frozen vegetagbles during the last 5 minutes of cooking time.
- 2. Drain pasta and vegetables and set aside.
- 3. Bring the spaghetti sauce to a boil over medium heat.
- 4. Stir in the pasta and vegetables.
- 5. Top with grated Parmesan cheese.

Notes

May substitute any type of pasta for the rotini. Do not overcook the pasta and vegetables. Maybe substitute other types of canned or bottled Italian sauces.

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